



CONDOM COUTURE

Create fashion items and accessories such as dresses, hats and bags made from condoms.

AIMS	TO PROMOTE DISCUSSION ABOUT CONDOMS
	TO ENCOURAGE YOUNG PEOPLE TO GET FAMILIAR WITH TOUCHING, OPENING AND UNROLLING CONDOMS OUTSIDE OF SEXUAL ENCOUNTER
	TO LEARN HOW STRONG AND FLEXIBLE CONDOMS ARE
	TO NORMALISE CONDOM USE AND REDUCE STIGMA ASSOCIATED WITH THEM AND SEXUAL HEALTH
TIME REQUIRED	60 minutes +
	This activity may require several group sessions or opportunities for solo work depending on the scale of the project.
STAFF REQUIRED	One or more depending on resources available and size of the group.
PARTICIPANTS	Variable – works well as a group activity
MATERIALS	Condoms (non-lubricated and coloured if possible)
	Art and craft supplies – glue, brushes, paper, pencils, crayons
	Fabrics and material (eg. mesh, ribbon)
	Sewing materials – pins, needles and thread
	Mannequin or bust
	Sewing patterns (optional)
	Hint: test the glue you are using before the activity as not all glues stick condoms to other materials effectively.
PREPARATION	Contact your local HARP Unit, sexual health clinic or a condom supplier and obtain condoms.
	Gather the materials above.
	Identify local services where young people can access condoms and contraception, in addition to sexual health information and support.
	Watch the Connie Condom Dress Project video: youtube.com/watch?v=XF4ycBvD444
	Review information about condom use in the resource kit.
	Review the Play Safe website for more information about condoms: <u>http://playsafe.testing-feedback.website/condoms/</u>

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ACTIVITY DESCRIPTION	Provide patterns or encourage young people to design the fashion item on paper.
	Provide a mannequin or bust and other art and craft materials needed to make the item.
	Encourage conversations about condoms during the activity.
FACILITATOR NOTES	This could run as a competition for individuals or teams and you could consider having a fashion show so young people can model their work.
	It may be useful to bring in a sexual health worker or member of service management to judge the outfits and give out prizes.
KEY MESSAGES	FAMILIARISE YOURSELF WITH CONDOMS, HOW TO USE THEM AND WHERE TO GET THEM SO YOU ARE PREPARED
	CONDOMS OFFER THE BEST PROTECTION AGAINST STIS AND AT THE SAME TIME PREVENT UNPLANNED PREGNANCIES
	■ TO KEEP SEX SAFE ALWAYS USE A CONDOM AND GET TESTED REGULARLY FOR STIS
	CONDOMS ARE MOST EFFECTIVE WHEN USED PROPERLY
REFERENCES	Connie Condom Dress Project

playsafe.health.nsw.gov.au



