FACILITATOR'S GUIDE





CONDOM CARD GAME

1. Consent from partner

QUESTION	ANSWER
Why is consent important?	If someone does not give permission or consent, this is sexual assault and it can have legal consequences.
	Consenting to one activity (such as kissing or oral sex) does not mean consenting to others (such as vaginal or anal sex). If at any point during intercourse, someone wants to stop or not do something, that decision needs to be respected.
	Consenting on one occasion does not mean you have to consent again in the future.
	It's important to frequently check in with the other person/s to make sure they are comfortable with what's happening.
	Someone is unable to consent when they:
	 Are drunk/under the influence of a substance
	■ Feel threatened, tricked or deceived
	Are asleep or unconscious
	■ Can't understand what they're consenting to
	■ Believe they can't or don't have a right to say 'no'.

2. Check expiry date

QUESTION	ANSWER
What can happen if a condom has expired?	An old condom might break.
	Condoms are best stored in a cool, dry place.
	Make sure the packaging states that the condom meets Australian standards.
	Give participants condoms so they can check their expiry dates.

3. Open the condom packet carefully and remove condom

QUESTION	ANSWER
Why be careful when opening a condom packet?	To avoid accidentally tearing the condom.
	Open the packet with your hands, not your teeth.
	Be careful of sharp nails as well.

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4. Check condom is around the right way for unrolling

QUESTION	ANSWER
Which way is the right way?	The rubber ring of the condom should be on the outside (like the image on the card). Show participants a condom which is around the right and wrong way, or better still, get
What should you do if you put a condom on the wrong way?	If you accidently roll it the wrong way, throw it away and use a new condom. If you turn it around, the condom could have sexual fluids on it and result in STIs or pregnancy.

5. Squeeze tip of condom to remove air

QUESTION	ANSWER
Why is it important to remove air from the condom?	To reduce friction and the chance of it breaking.

6. While holding the tip, place condom on top of penis / toy /etc

Self-explanatory.

7. Roll condom down the entire length of penis / toy / etc

Self-explanatory.

8. Apply water-based lubricant

QUESTION	ANSWER
How can lubricant help?	Lubricant can reduce the chance of the condom breaking, reduce discomfort and increase pleasure.

9. Sexy times!

Everyone usually has a giggle at this point of the activity. You may want to explore what sexy times might mean to participants.

10. Hold base of condom while withdrawing

QUESTION	ANSWER
Why is it important to hold the base of the condom?	Holding on to the condom at base of penis/toy withdrawing it, helps to stop: Any sexual fluid from coming out of the condom The condom remaining in the body The condom from accidentally slipping off.
If the condom has ejaculate in it, what should we be careful about?	Sexual fluids which can result in STIs or pregnancy.

11. Remove the condom, tie a knot in it and put it in the bin

QUESTION	ANSWER
Why put a condom in the bin? (And not in the toilet!)	Flushing a condom down the toilet can cause plumbing problems and pollute our environment!

